MEETINGS IN YAKIMA

DAILY

6:30 AM A.M.A.A. Group (C) 310 N. 16th Ave. Salvation Army Bldg. 6:30 AM An A.A. Group (O) 1422 S. 3rd Ave. 6:30 AM Chance for Change (O) 1105 S. 3rd Avenue Alano Club of Yakima 6:30 AM Early Bird's Group (O) 401 S. 8th Avenue Unity Church 9:00 AM Granola Group (O) 1105 S. 3rd Avenue Alano Club of Yakima 10:00 AM Serenity Hall (O) 1422 S. 3rd Ave 12:00 PM God Only Knows (O) 5 S. Naches Ave, St. Michaels 12:00 PM High Noon (O) 1422 S. 3rd Ave. 3:00 PM Serenity Hall (O) 1422 S. 3rd Ave. 5:00 PM Promises Group (O) 5 S. Naches Ave. St. Michaels 6:00 PM Daily Reprieve (O) 1105 S. 3rd Avenue Alano Club of Yakima 8:00 PM Crazy 8's (O) 1422 S 3rd Ave Serenity Hall

MONDAY THROUGH SATURDAY

6:30 AM AA at Sunrise (O) 48th Avenue & Chestnut Wesley United Methodist Church 9:00 AM Primary Purpose (C) 1604 W. Yakima Ave. Rm. 204 Central Lutheran Church

MONDAY THROUGH FRIDAY

6:30 AM The Hand of AA (O,HA) 4011 Commonwealth Terrace Heights Civic Center

SUNDAY 9:30AM Sunday Morning Breakfast Club 204 E Naches Ave. Selah. WA Daniel's Kitchen 6:00 PM One Day at a Time (O) 110 S. 9th Ave Yakima Regional Conf. Rm D 7:00 PM Sunday Serenity (O) 48th Avenue & Chestnut Wesley United Methodist Church **MONDAY** 6:00 AM On Awakening (C) 902 S 36th Ave Yakima Alliance Church 6:30 AM Davbreak Downtown (C. HA) 32 N Front St. North Town Coffeehouse 6:30 AM Selah Wake-up (C) 302 S 1st St Selah, Wa In The Garage Harvest Community Church 6:00 PM Chance For Change (WO.C) 613 Superior Lane, Yakima Triumph Treatment Center Medical Bldg. 7:00 PM A New Light (O) 110 S. 9th Ave Yakima Regional Conf. Rm D 7:30 PM Suntides (O) 231 Pence Rd., Gleed.Wa Suntides Golf Course 7:30 PM Miracles Group (C) 1105 S 3rd Ave Alano Club Of Yakima TUESDAY 6:30 AM Yakima Covent Church AA (C) 6015 Summitview Ave Yakima Covent Church 6:00 PM Inspirations (WO,C,HA) Inspirations Treatment Center 3300 Roosevelt Ave 6:00 PM One Day at a Time (O) Yakima Regional Conf. Rm. D 110 S. 9th Ave 6:30 PM WagonAAer's Group (O) 100 N. 72nd Ave.-Newcomers Church of Christ 6:30 PM Terrace Heights AA (O) 4011 Commonwealth Rd. Terrace Heights Civic Center 7:00 PM Friends of Bill W. (O) 1061 Selah Loop Rd., Selah.Wa United Methodist Church 7:00 PM Naches Valley AA (O) 201 E. 2nd Street, Naches, Wa Presbyterian Church

7:30 PM Common Bond 1105 S 3rd Ave Alano Club Of Yakima 8:00 PM WagonAAer's Group (O) 100 N. 72nd Avenue Church of Christ WEDNESDAY 6:00 AM On Awakening (C) 902 S 36th Ave Yakima Alliance Church 6:30 AM Davbreak Downtown (C) 32 N Front St. North Town Coffeehouse 6:30 AM Selah Wake-up (C) 302 S 1st St Selah, Wa In The Garage Harvest Community Church 12:00 PM Numbskulls at Noon (O) NEW 916 N 16th Ave, Suite 102 LOCATION Yakima Justice Center 5:00 PM Women With A Solution (WO,O)(Kids OK) 1422 S 3rd Ave Serenity Hall 6:00 PM One Day at a Time (O) 110 S. 9th Ave Yakima Regional Conf. Rm D 7:00 PM Moonshiners (O) 1061 Selah Loop Rd, Selah, Wa United Methodist Church 7:00 PM Yakima Can Do Men's Group (MO.C) 1604 W Yakima Ave Room 204 Central Lutheran Church **THURSDAY** 6:30 AM Yakima Covent Church AA (C) 6015 Summitview Ave. Yakima Covent Church 6:00 PM One Day at a Time (O) Yakima Regional Conf. Rm. D 110 S. 9th Ave 6:00 PM Sisters in Sobriety (WO.C) 401 S 8th Ave Unity Spiritual Life Center 6:30 PM Terrace Heights AA (O) 4011 Commonwealth Rd. Terrace Heights Civic Center 7:00 PM Naches Valley AA (O) 201 E. 2nd Street, Naches, Wa Presbyterian Church 8:00 PM Another Chance (MO,C) 254 Highland Drive, Buena, Wa James Oldham Treatment Center FRIDAY 6:00 AM On Awakening (C) 902 S 36th Ave Yakima Alliance Church 6:30 AM Daybreak Downtown (C) 32 N Front St. North Town Coffeehouse

6:30 AM Selah Wake-up (C) 302 S 1st St. Selah.Wa In The Garage Harvest Community Church 12:00 PM Heard it Through the Grapevine (C)(HA)1604 W Yakima Ave Rm. 204 Central Lutheran Church 6:00 PM One Day at a Time (O) 110 S. 9th AveYakima Regional Conf. Rm D 6:30 PM Seekers of Sobriety (O) 1112 W Freemont Ave. Selah.Wa Lady of Lourdes Catholic Church Rec Hall Rm #1 7:30 PM E. Valley Beginner Group (O) 255 W. Seattle Avenue, Moxee, Wa Moxee City Hall 8:00 PM WagonAAer's Group (O) 100 N. 72nd Avenue Church of Christ SATURDAY 7:30 AM Daybreak Downtown(C) 32 N Front St. North Town Coffeehouse 7:30 AM Selah Wake-up (C) 302 S 1st St. Selah, In the Garage Harvest Community Church 5:00 PM Women With a Solution (**WO.O**) (Kids OK) 1422 S 3rd Ave Serenity Hall 7:00 PM A New Light (O) 110 S. 9th Ave Yakima Regional Conf. Rm 8:00 PM Saturday Night Live (O) 91 Wernex Loop, Selah, Wa Peace Lutheran Church

A.A. CLUBS AND HALLS

24-Hour Groupo Spanish **Speaking** Yakima 454-0295

ALANO CLUB OF YAKIMA

1105 S. 3rd Avenue, Yakima (HA)

SERENITY HALL

1422 S. 3rd Ave., Yakima (HA)

O=Open, Anyone Interested C=Closed, Alcoholics Only HA=Handicapped Accessible WO=Women Only MO=Men Only

Last updated: January 28, 2018

<u>Central Washington Central Office</u> Alano Club of Yakima 1105 S 3 rd Avenue P.O. Box 762 Yakima, WA 98907	<u>PHONE LIST</u>	-	
888-441-6220 or 509-453-7680Hours: Monday through Friday11:00 AM to 8:00 PM Sat 11 AM to 5PM If volunteers are available		-	
WEBSITE:		•	
www.yakima-aa.org			
ALCOHOLICS ANONYMOUS			
PHONE NUMBERSNarcotics Anonymous1-877-664-0398Ellensburg Crisis Line1-509-925-4168Mental Health1-509-925-4168			
<u>AL-ANON FAMILY GROUPS</u> Al-Anon & Alateen District 7 Literature Depot Yakima, WA 98907			
452-9549 Open By Appointment www.yakima1.com/alanon/			
<u>Preamble</u> Alcoholics Anonymous is a fellowship of men and women who share their experience,			
strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.			
The only requirement for membership is a desire to stop drinking.			
There are no dues or fees for AA membership; we are self-supporting through our own contributions.			
AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither			
endorses nor opposes any causes.		-	
Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.			
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THE TWELVE STEPS

- 1. We admitted we were powerless over alcohol-that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of God *as we understood Him.*
- 4. Made a searching and fearless moral inventory of ourselves.
- 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked Him to remove our shortcomings.
- 8. Made a list of all people we had harmed, and became willing to make amends to them all.
- 9. Made direct amends wherever possible, except when to do so would injure them or others.
- 10. Continued to take personal inventory, and when we were wrong, promptly admitted it.
- 11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

I AM RESPONSIBLE...

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.